

HIS WORK

Do your best and leave the rest. The Journey is more rewarding than the result.

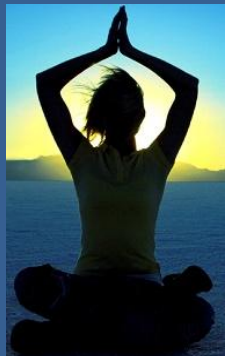
♥ Every meeting I go into, I remember to say, 'Swami I dedicate this meeting at your lotus feet, please do your work through me'. Just saying these words puts more *Bhava* into the work. I come back with the feeling that His work has been done. Once you feel His work has been done you don't get worried.

Once you start regarding every work as His work, you derive pleasure doing the work & not in the result.

♥ When I feel really frustrated I go on a break, then look straight at His face in a photo that is positioned so He looks right back at me. I think, 'The results, work and effort are Yours...You're just giving me the energy to do it'.

HIS BODY

"If the character is fine, the body will shine!"



♥ When we do wrong there is a voice inside that instructs 'this is wrong'. So, there is a presence within; and therefore this body is really a temple housing that presence. In Sales and Marketing, I had many experiences where I could not find proper food. Though I was hungry, I wasn't tempted to eat non vegetarian food. He also gave me the power to say no to alcohol when it was offered.

"Consider this body as a temple of God where He resides. Keep it clean, fresh and fragrant through developing Compassion and Love. Use the Temple of God, only for holy thoughts, words and deeds."

~ Divine Discourse, 25th Dec 1976



"Always think, 'Swami is in me. I am in Swami.' However, there will be no use if you simply repeat, 'I am Swami, I am Swami', with a fickle mind. Develop firm faith, 'I am Swami; I am God; I am God'."

~ World Youth Conference, 28th July 2007

HIS FORMS

We never know in what form He will come...

- ♥ By attending L@W meetings, I have learnt that I can't judge a person by looks. Swami is inside everyone, so I must respect everyone in the community.
- ♥ Before I leave the house I go to Mum, touch her feet and do *padanamaskar* to Swami.

Good people will be attracted to you when you have a good aura from good intentions.



HIS WAYS

- ♥ Just saying 'Om Sai Ram' gives such a good feeling inside; and any kind of situation gets better by just doing small things like nightly reflections.
- ♥ Do everything by having His name and image in the mind.
- ♥ Being part of this group is amazing. It always gives something to live up to. Having L@W meetings at least once a week helps me head in the right direction.
- ♥ I practice love through things like saying thank you, respecting everyone in the community and not judging people.
- ♥ I come across some good and some rude clients. I try to see Swami in everyone.

Everything is Him. We are His instruments.

OMNISCIENT SAI

When you realise that He has heard your thoughts, the happiness you experience within is amazing.

♥ I was meant to give two talks. I had not eaten much all day and had not had enough sleep. I did not feel well during the first talk but still did the best I could. I related my feelings to Swami. This gave me confidence for my second talk. But Swami heard my prayers and I didn't have to speak a second time. It was His grace.

Knowing He's here with me, and thinking of what I would say to Him, helps me stay away from temptations.

♥ Two days within arriving in a new country, I had an interview and an hour later, I got the job. How beautifully Swami takes care of everything when you just leave everything it to Him.

OMNIPRESENT SAI

Sai is within me - His love is always here with me.

♥ For the day, I chose to practice Peace. Someone said something in Math class. I could have gotten angry, but I felt a vibration inside me - it felt like Swami was in my class. The whole day I thought about this feeling and cherished it. I felt peaceful the whole day.

♥ When I was a young boy, I went to visit a lady who was conducting *pooja* in her house. On the way inside, I bumped into a man. I apologised to him by saying, 'Sorry, Uncle', and kept walking. Inside the house I saw two photos. The 'Uncle' I bumped into was in one of the photos - He was Shirdi Sai.

"God did not create evil. Evil is the result of what happens when Man does not have God's love present in his heart. It's like the cold that comes when there is no heat or the darkness that comes when there is no light."

~ Albert Einstein