

ALL WORK IS MY WORK

“When I am following my inner conscience, things work out. It gives me a higher level of satisfaction when I have won over my mind and followed my heart. It’s like being with Swami, it’s really beautiful.”

♥ When I get jobs from clients which I can’t do right away, I’ve been doing what I feel is the right thing by keeping them informed and letting them know that I will get back to them later; rather than having them wait for me to get in touch after I finish the job.

♥ I had an accident at work where I hurt my fingers in a machine. After the incident, I did my duty and filled out a workplace health and safety form. My manager also suggested I make some warning signs for the machine. My colleagues told me people would laugh if I did this, but I was convinced it was the right thing to do. It made me feel very happy and my manager was so appreciative.

REPEAT HIS NAME

♥ Just practicing the action of repeating the name of God has worked really well. One day I did it quite regularly and sincerely. The whole day worked out better - I did all the things that were on my to-do list.

♥ I feel Swami is my best friend. I decided this week to be true to this truth by including Him more in everything I do and remembering Him more through Namasmaranam. This has really helped, especially in treating people at work better.

♥ This week I’ve been under a lot of pressure. I still made efforts to keep doing Namasmaranam and this really helped me not to be stressed and keep focused on the work at hand so I was able to produce what was required in the tight timeframe.

“Eyes are blind. You have to look with your heart. What’s most important is invisible” - Antoine de Saint-Exupéry

SEEING YOU
IN ALL

♥ Some members of our project team at uni complained to the tutor that others, including me, had not contributed enough to the project. So I was given less marks - though I had put in my best effort. When I saw these group-members again, I spoke to them as normal, without ill-feeling. I told myself that I should not judge them based on a single action. They were surprised I spoke to them and treated them kindly even after the way they treated me.

♥ I forgot to say Sai Ram before seeing this person. I could feel myself getting agitated with her. I thought later “Sai Ram, this is You, Swami” and this really helped me. I find it helps even more to remember this before engaging with a person.

♥ When I think that the person in front of me is God, it makes me think of ways that I should conduct myself righteously. It makes me more attentive, because I have to listen to the Lord very attentively.

♥ If a person is difficult, I say to Swami, “You are showing me how I can be more attentive to you and treat you with more love.”



I thought I should do my work properly and do it for Swami. I spoke with people like I had known them for years... I even spoke lovingly to people I hardly speak to. From this one thought that I was working for Swami I felt my workplace was transformed into Prashanti Nilayam.

‘L@W is helping me overcome my biggest obstacle: being more receptive to criticism and feedback. It has also helped me to be more thorough with my work.’

WHAT WOULD YOU DO MY BELOVED GOD?

♥ I am managing a company with two owners. I felt they unfairly dismissed an employee without notice. Yet I was determined to see God in them. I thought, everything happens for a reason so I let it go for a little while. Then an associate company asked me if I knew anyone to fill a vacant position. I thought of the dismissed employee and recommended him for the job. Everything happens for a good reason.

♥ This week I made the decision to leave my new job which was affecting me negatively. The people I worked with understood my reasons and did not expect me to stay on even though they could not find someone to replace me immediately. I decided to do the right thing and stay for an extra week. They were surprised and grateful. It felt good to do the right thing.

♥ My sister asked me to quote her a price to paint a picture for her. I quoted her quite a low price but when I finished the picture, it cost a lot more. I thought I ought to let go of the money and give it as a gift. When I presented the picture she was so grateful and said, “Don’t worry about any more Christmas presents for life. What you did means a lot more to me”. And hearing her say that meant a lot more to me than any money.

‘I asked myself what would Swami do? When you do this you don’t need to worry what others think.’

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“If you are called to be a street sweeper, sweep streets even as Michelangelo painted, or Beethoven composed music, or Shakespeare wrote poetry. Sweep streets so well that all the hosts of heaven and earth will pause to say, ‘Here lived a great street sweeper who did his job well.’” ~ Martin Luther King III



TAPPING INTO THE HIGHER POWER WITHIN

♥ It was like Swami telling me, “You are the Atma. You should do everything to the best of your ability and not give in to attachment to results.” This is where I expect my L@W action to take me.

♥ I was lost for direction this week. At the devotional singing session on Thursday, one of the songs described Baba holding my hand and leading me through life. I told myself that the wayward feelings I was having are not me and are in fact alien to me. I realised I should just focus on the tasks at hand. That made me more productive.



I was able to detach and focus more on work. I felt He has been the driving force behind all this.

♥ I was losing my self confidence. Over the past month or so I feel that this confidence has come back but this time by knowing that there is some greater power behind me doing this work. I really don’t feel I am the arrogant person I was before, though I still am able to do my job well.

“When you are saying ‘Swami...Swami’...When you are in His company, how people treat you begins to matter less and less.”

By saturating work with love, it can be transformed into worship. When such work is offered to God, it gets sanctified into puja (sacramental worship). This makes it free from ego. It is also frees from the earthly desire for success and the earthly fear of failure. When you can feel that when you have done the work as best as you can, your puja is complete...