



## Result in His hands

♥ I had my exams and I reminded myself that I was not the doer. Before going to the exam, I was very cool and relaxed, talking to Swami. I kept saying, "Swami, I'm not afraid because I know You are with me." I looked at the questions and had no clue how to answer them. There was a chair next to me and I said, "Swami, let's do this together." The exam was still difficult but I kept saying, "The result is in Your hands. I don't care if I fail or of the consequences." I do not even care about my career now. Everything is in Swami's hands. As long as Swami is with me, I am very happy.

♥ I had two exams this week. I surrendered to Him. I mentally made a note to pray before my exam. I set up my microscope and before each test or blood smear, I just said "Sairam" to myself. Everyone was doing many blood smears/tests because they were getting it wrong. Every time I said "Sairam", it would be perfect. I felt I did not do the questions well but I got a 100%. I got 100% in all my other exams as well. I have never scored 100% before. Surrendering to Swami worked.

♥ I had a few assignments I had to hand in. I'm the kind of person who likes to do things beforehand. My aunt and uncle were coming to visit me; I thought I could do my work beforehand but I did not get anything done. When they left, I was in a dilemma about whether to drop them at the train station, which is 2 minutes away, or to their home, which is 2 hours away. That night I also had to drop my friends at the airport, which would make me miss a few hours of work. I thought, "Just surrender the work to Swami and do what He wants. If you do it from your heart, all will fall into place." Everything was done by Thursday evening. Baba took care of everything.

♥ I have been working on trying to concentrate on my studies and work. I had exams and have no idea what I had written. But I got good marks and have no idea how. I think Swami did everything.

**"I am a reflection of Swami, I am Swami."**

## Love at Life

♥ L@W has impacted my life; it is everything. I am so conscious of everything I do and say now. Before, I would get upset and angry when people say hurtful things to me. But I am more detached now. I feel I have learnt to love people even when they treat me badly. I really want to be a better positive person and L@W is helping me become one.

♥ I woke up in the morning with the feeling of being loved. I felt Swami's presence. I thought Swami is going to be here in the physical form for a few more years, so everything else can wait. I am just going to spend all my time on Him. I thought to put everything on hold, no matter what others think, and just do everything for Him. I just want to have Him on the forefront of my mind, and hopefully I can sustain it.

## Steps in a pyramid

♥ L@W sathsangs are like steps in a pyramid but the pinnacle is yourself, having your own connection with Swami.

- ♥ With Swami life becomes meaningful.
- ♥ Keep smiling and accept it as a gift of God
- ♥ I give people a genuine "I love you" smile.
- ♥ The beauty of life is even in tough periods. We can keep smiling and accept it as a gift from God.



*Without  
an ever-present faith in  
an all-knowing God,  
life is dry and drab,  
shadowed by despair  
and doom.  
Love for God and fear  
of sin are the two  
primary needs for a  
happy life. Be honest  
and be proficient in detachment, and with God  
installed in your hearts, march forward to  
offer your skills and duties steadfastly.*

Sai Inspires 26 April 2009

## Surrender to Sai

♥ I received an email from the company executives saying that the revenue was declining because of the economic downturn, and so there will be pay cuts and downsizing. It does not matter if I am fired. I think I have reached a stage where I have given it up to Him and I will accept whatever comes. I think L@W has helped me to reach this stage.

♥ Through *namasmarana*, I am remembering Swami at all times. I surrender to Swami when I finish my work. I want to surrender to Swami before I start anything so that I can feel His presence.

♥ In the past, I had an experience where I had to surrender to Swami. Surrendering to Swami is not as easy as it sounds. It is something I struggle with. I have done it successfully sometimes and so I know it is helpful.

♥ When I failed to surrender to Swami this week, I thought there was no point to this life. Every day is just another mundane day but what is it that makes it interesting or challenging? It is Swami. It is the way He comes and does things. His timings are just perfect and we see it. In every little thing, He shows His presence.



*"What a beautiful  
thing it is, for Life  
to impose a little  
insanity,  
and for L@W to  
restore a little  
sanity to it."*



## My Action & Sai

♥ My action is *namasmarana*, but I don't always chant the name; I sing bhajans as well. The feeling always comes when we utter the name of Sai. It may not be strong but it is always there. It is a wonderful experience. Whether we chant the name or sing the name of Sai, it is always good.

♥ I decided to focus on doing my action regardless of what was happening around me. I set my phone to ring every hour. I was just writing "Om Sai Krishna" on the hour. What I want is the connection with Swami at every hour to blur so that there is no 'connection' or 'no-connection' point.

♥ My action is to stop every hour with, a reminder, to make an 11-second connection to Swami. Doing this action is the only way I can come near to surrender. I had an interesting task this week and I was doing my action every hour, which made me think about what I really was and what this body really was. I felt so happy and light within myself.



**"Happiness should  
come from within,  
not from outside."**

## Test from Sai

♥ A couple of my students have been a bit trying. I asked them to join a group but they were not listening and kept distracting others. When we were discussing the next assignment, the two students started to become antagonistic. I took a deep breath and tried to answer them as lovingly and patiently as I could. The students later came up to me and became really nice.

♥ On Thursday something went wrong at work and I got truly upset. I was partly aware that it was His plan, so I did not really react to other people but within, I was not happy. That evening I went to the blood bank and things got worse as I had difficulty donating blood. I was upset and did not think of Swami at all. Swami is hard when He tests, but I was aware that the one who is playing the role is Swami Himself.

## My Divine Father

♥ I left my phone at home so I had nothing to listen to on the train. There was this middle aged woman sitting next to me reading. I looked at what she was reading and the first few lines were: "My divine father in heaven who is love, I am His image. I am the sphere of love to all the planets, stars, creatures and beings that are glimmering. May I propagate this love throughout the universe." That was quite amazing. I was getting off track but Swami put me back on track.

♥ Swami says when we are washing the dishes we are washing away our bad qualities. It sounds trivial but Swami says it becomes a desire less action if we do it that way. Little tasks like that make the bigger tasks easier.