

# ALL WORK IS MY WORK - BABA

## SWAMI SAYS...

What is devotion? It is not doing *Japa* or sitting in meditation or doing bhajans. Essentially it consists of two things: one, lack of interest in worldly things; two, love of God. Whatever you do out of love for God is devotion. You may engage yourselves in the ordinary duties of life. Only convert them into acts of worship by offering them to the Divine.

*DD, 29th April 1990 (Sai Inspires Nov 1)*

One of the bro's works from home - as he puts it: "my workplace is right next to my bed!" He recognises that he is more productive when he arises early. He has resolved to take a professional approach, attending his home office as he would any other - arising at a set time, getting dressed and going to his office to get stuck into his divine work!

### SWAMI... Always at a workplace near you:

- ♥ Universities ♥
- Queensland Government departments (even in the Premier's office!)
- ♥ Power Station ♥ Queensland Rail
- ♥ Personnel Consultancy ♥
- Multi-national corporation
- ♥ Engineering company ♥
- Pharmacy ♥ Homes ♥
- Home Computers ♥
- Queensland Health Hospitals ♥

*I was talking to a colleague about the frustrations of waiting for clients to get back to us. Then we fell silent. As this big, burly Aussie bloke walked out of the room, He said over his shoulder: In this game, you gotta put more patience into it!" You hear Swami's voice in some funny places sometimes...*

## L@W Goes National!!

We offer our humble Pranaams at the lotus feet of our Sweet, Radiant Lord Sai!

Sai Ram! Welcome to *All Work is My Work!* This is our first issue since the Brisbane Pilot ended and since then L@W has gone NATIONAL (over 75 Sai youth across 5 cities including Briszy)! When we answer to His call of Love, Love, Love... He just keeps it coming!!

The program was launched on November 6 all throughout the country. Sai's Love, the glue that holds all of us together is now permeating through workplaces in Brisbane, Sydney, Melbourne, Adelaide, Perth, Australia. (We have our own e-forum, check it out: <http://www.saiaustralia.org.au/youth/l@w.html>. Pls contact Bro Chris [chspnll@aanet.com.au](mailto:chspnll@aanet.com.au) to get access) Already, we are seeing this unity of love, in our little Brisbane group - we've just realised how interconnected the organisations many of us work for are! From our first meeting itself, it was amazing to see the love that people want to give to Him and to each other, to keep us all on the track of Love...Love...Love! **Watch this Space!!!**



## Mid Week Blues...

Are you feeling like you have lost that push? ... Questioning where all that love and energy went? Does it hit around about Wednesday-ish? Chances are you have been hit by the *Mid Week Blues*.

**Symptoms:** Lack of enthusiasm, energy and vigour. Onset is usually on or about Mid-week. It often results in the person getting angry, annoyed and flustered easily and snapping at almost anything. There is also a predominant feeling that He isn't with them or that they are not loving enough. (Pretty much a self-diagnosis - no-one can tell but you...)

**Why does it happen?** Jury is still out on this one! (Is it our own lack of intensity?)

**How can we treat/ prevent?** This is still being trialled at many levels. One of our bro's suggested that we start the day afresh and have constant reminders to think of HIM throughout the day. We should not be attached to the result of "feeling something" or "feeling Him." We should just let go, and do every act, thought, word and deed as if at that point in time that is all that matters - that way we are not looking at our results as a whole - it is just another moment, another day.

**Prescription:** Take each day as it comes- don't live in the past, don't think about the future - just live in the present. If the symptoms persist *please* call a fellow L@W-er - *anytime*. Take heart - the very fact that you are realising you have the Mid-week Blues shows you that you have the yearning to do better!

## Laying down the L@W

- **Do not spare any effort in this program.** This means self-monitoring seriously, with full conviction and Love for Swami. The program runs for just 1 month so let's put *everything* we have into it.
- **Compulsory** weekly meetings will be held on Fridays from 8.15-9.15pm at 18 Royal Parade, Alderley. **Please** be punctual.
- Be ready to share experiences and help out fellow Commandoes - *everyone's* experience with Love is Divine!  
**Let us embark upon this new challenge together and He will guide us along the way. See you on Friday 7<sup>th</sup> November. OM SAI RAM**