



# ALL WORK IS MY WORK- BABA

♥ We do different kinds of work in our workplaces but our ultimate goal is to merge in God – so the only real thing that is common among us is our thoughts and our intentions and this is what matters. ♥

♥ I sing bhajans as I go into work or recite the vedas and I keep saying, "I am with You, Swami" and not let my mind drift away when I am saying it. ♥

*"I must tell you of the paramount importance of love. Love is God; live in love. God is the embodiment of perfect love. He can be known and realized, reached and won, only through love. You can see the moon only with the help of moonlight; you can see God only through the rays of love"*

- Sathya Sai Speaks  
Vol. XII, Chapter 11



♥ Swami has given me this job so I must consistently put effort in it and improve. ♥

♥ *"Even if we can't think of Him all the time at work we can at least dedicate the work to Him"* ♥

## "My Swami, My Swami"

♥ I feel the need to get some form of recognition from my colleagues whenever I complete some work – whether it be big or small. My challenge has been to remove this ego and this desire for recognition. I have been trying to remember what Swami said to the youth, to always think "My Swami, My Swami". I say this when I am interacting with all people. That way I do not need to have any recognition. Why do I need recognition when doing it for Swami? Swami Himself has come to receive my work – what greater recognition do I want? ♥

## "All work is My work!"

♥ I have been finding it difficult to maintain the connection with Swami. I have to make sure that I am disciplined and create a structure to my day by planning everything. Plan time for Sai Work, time for phone calls and time for housework. ♥ Do not feel that you have lost the connection when you enter your workplace. Work is worship. The employee that sits and focuses 100% on work all day is still focusing 100% on Sai. Your work should be 100%. Swami says you don't even have to say that you are doing this for Swami. Your work is Swami's work. ♥

## Tough colleagues: Understanding, love, persistence

**Q:** I found it very difficult to approach a person at work because I feel intimidated by her. She makes me feel stupid so I am afraid to ask her questions. What should I do?

- ♥ Send love to the person- just keep sending it and it will pay off. Swami's love is the most powerful tool that we all have. ♥
- ♥ Don't be afraid of looking less smart- that is your ego. If this process grinds your ego down to nothing then it is worthwhile. Persistence is important- just keep asking the questions until you understand- but do it with love. ♥
- ♥ Swami says that you have to understand the nature of the person. Swami suggested once to a student that faced with a difficult colleague, he should go for a cup of coffee every day with that person and start to build rapport with him, talk to him about non-work matters. Slowly this person will change. I tried it – it works! ♥

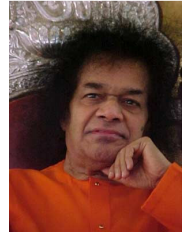
## Swami – The Motivator, The Master, The Mother

**Q:** I have not been motivated in my work/my study. I feel that even if I start a timetable to work, my heart won't be in it, so how can I try to put love into it?

- ♥ Just start the timetable – just do it, even mechanically at first. "Fake it 'till you make it." Just a simple mechanical trigger or task, which just jolts your memory to Swami, will pay off. In time, the feeling will come. Have faith. ♥
- ♥ Swami has put us in our current situation because we are meant to be experiencing what we are experiencing. Just have faith that He has it all under control. Your lack of motivation is because you think everything is in your control, when really it is not! We trust Swami with everything; why not trust Him in this too? ♥
- ♥ Swami is so proud whenever we, His children, do well in our education and careers. Just remember He has the love of 10 000 000 mothers and He is so proud of us. Take pride in whatever you do. Stand back and say "This is all for my dear mother".

## Vetted by Swami

- ♥ My challenge has been to take a better attitude whenever I attend meetings. I don't know if it is my ego, but I need to remove the self importance. How I have been dealing with it so far is to realise every person that meets me has been vetted by Swami himself. This person I am to meet has been checked out in so many lives by Swami and only then has Swami agreed to have him meet me. ♥
- ♥ I was having many issues with things in my life as I felt that all was being taken out from under me. I am just holding His feet- because that is the only constant that I have. If we let go at any one point- then we will be lost. ♥



*The earth is a huge enterprise, a busy factory, where the product is love. By means of sadhana (spiritual practice), it is possible to produce love and export it to millions and millions of people in need of it. The more it is shared, the deeper it grows, the sweeter its taste, and the greater the joy. By means of love, one can approach God and stay in His presence, for God is love, and when one lives in love he is living in God."*

-SSS

Vol. XI. Chapter 1



♥  
Next meeting:  
**Friday 23<sup>rd</sup> Feb**  
**at 8pm,**  
18 Royal Parade,  
Alderley

