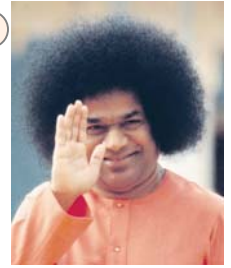




ALL WORK IS MY WORK- BABA



“I know”

♥ Through what I can only describe as a divine set of circumstances, I found myself taking a very senior consultant out to lunch. We didn't even know each other and I didn't know what to say to him. So I thought all I could do was to pump love on to him so I sat there as he spoke and did just that. At one point I said to him, “Sir, all we can offer you here in Brisbane is our heart.” (Can you imagine saying such a thing to a person you've just met, and such a senior professional at that? I don't know what came over me!) The words tumbling from my lips surprised me but not as much as when he leaned over and said, “I know.” Swami responding to Swami! All you have to do is just put love on people ... ♥

Effort to Surrender...

♥ This week I was trying to understand the concept of surrendering to Swami. The busier I got, the less I thought about other things and instead, dedicated my work to Swami. When I was reflecting at night about my efforts, I thought of how hard I would have to try to surrender to Swami. This changed the way I surrendered to Swami next day. ♥

♥ Just when I thought I had surrendered to Swami, He tested me again with the same situation! I learnt that I have to be patient in all sorts of situations. ♥

♥ Prema must express itself in the business world by the executives developing the feeling that all engaged in the business--managers, workers and others--are members of one family. They must develop fraternal feelings towards all. With mutual love and regard, industrial harmony can be achieved... a great deal of good can be done to our people and nation by business managers who adhere to basic human values.

- SSS 23-03

Connecting to Swami...

♥ Usually, I have the “Prema Dhaara” book sitting on my desk and I read it from time to time to help me refocus on Swami, especially when things get tough. But I found myself away from my desk, facing a difficult situation, without my safety net. It taught me that I shouldn't rely on a physical object such as a book to think of Swami ... ♥

♥ I don't get as worked up about things as I used to do. This is a direct result of L@W. L@W increases my connection to Swami and spills over into relations with other people outside of work. ♥

♥ I find that when I am stressed, taking time out for a little while and trying to refocus on Swami shakes off any negative emotions. ♥

♥ I am really lucky because all the people at my workplace have been really nice to me. I made a mistake one day but only realised afterwards that I had. I felt really bad and it got me really upset. One of my colleagues pulled me aside and told me, in a really nice way, how I could prevent such a thing from happening in the future. But I lost my self-confidence. Luckily I had all the L@W bulletins to read through and the rest of the afternoon went better. It got me thinking how I can put love, and focus my attention on Swami. I am using lunch breaks to connect to Swami. ♥



Next meeting:

Friday 19th Jan, 8pm
18 Royal Parade,
Alderley.
*Come, let us connect
to Swami...*

Flowers of Love...

♥ This week, although I have been thinking about Swami at work, I feel that I haven't been totally focusing on actively infusing love into all of my interactions. That is not to say that I have not been practicing love at work, just that I haven't pushed myself to take that love, which I share daily, to another level. ♥

♥ One of the social workers found out I was leaving the surgery ward and surprised me with some flowers! She said she really appreciated the help that I gave her to settle into work. ♥

♥ A colleague is going through a lot of difficulties in life. I spoke to her about spirituality and we discussed why we face difficulties. I answered her questions by recalling Swami's words from His discourses. After a while she said she felt much better talking to me. I felt Swami was using me as an instrument to help her. ♥

♥ At my car wash job, it was so hot that I felt I wouldn't be able to finish the 4WD I had on my hands. So I asked Swami to help me and send some people. Immediately two people came to help me out and so I gave them the work that I was doing! He answers all of our little and big questions... ♥

♥ Swami gives us what we want, what we need and more... ♥

♥ I say “wow” a lot when I am working and then I say “thank you, Swami”. I can't stop doing it. It seems kind of childish but I don't know what else to say when I know it is Him! ♥