

## TIRELESS LOVE IN ACTION

♥ My mother works from 5 am to 10 pm at night doing the housework and taking care of us. She never tells us that she is tired but sometimes you can see it in her face. Although I am studying this should not prevent me from helping her around the house. If she sees a big pile of dishes and hesitates, I tell her not to worry and that I will do it. Anytime she asks me to do something I do not give it a second's thought and do it straight away. In this way I try to show her how much I love her.

♥ From when I was four years old and up until three years ago my mum has been working tirelessly to support our family. She worked two jobs with two shifts a day, had 3-4 hours of sleep, did all the housework and took care of my grandparents and every one of us at home. When I go back home, my priority is always to spend time with my mum and give her experiences to enjoy that she had missed earlier in her life because we were not financially well off. I try to do things with her that she enjoys even if they are not the things that I am into, like watching shows that she likes.

*'I try to listen to everything my mother says by considering whatever she tells me as Swami's words to me.'*

## SIMPLE ACTS OF LOVE MAKE HER SMILE

*Over the past couple of weeks I have been quite bad - I have not been showing my mum I love her and we have fought almost every day. I have been asking Swami to help me understand what my mother likes. What came to my mind is that she likes it when I eat. I know it is so simple but she likes it very much. She is amazing. She wakes up before I do and the moment I wake up breakfast is ready. When I come back from work, dinner is ready. She has had it tough raising me because I hated food as a child. If I really want to make her smile, I need to eat.*

♥ Anything I do for mum, no matter how small, brings delight to her face. She never expects anything from me at all. I can make something as small as an origami gift from a bus ticket and give it to mum and she is so happy – it is so easy to please her.

## DEALING WITH EXPECTATIONS

♥ Our mothers want us to be the best that we can be. They do not want us to go through the difficulties that they went through in their childhood. They have goals for us because they want us to live a good life and be happy. So if they keep going on about their expectations, just say yes 'I will try mum'. Understand where they are coming from, keep the frustration inside and give them a smile. Our mums will be with us until the end, loving us. Even if we choose a different path, they will not stop loving us.

The comments contained in this publication are from personal contributions. Photos are from Microsoft Clipart. The content does not express nor implies the views of the Sathya Sai Organisation of Australia & PNG. Please address contributions/ comments/ enquiries to [loveatwork@gmail.com](mailto:loveatwork@gmail.com).

# ALL WORK IS MY WORK

Love@Work Bulletin ~ Mother's Day Special Edition  
~ 8 May 2010

*Dedicated to our Beloved Mother Sai*

*More fragrant than the sweet smelling flowers*

*like jasmine and lily, softer than butter, more*

*beautiful than the eye of the peacock, more*

*pleasant than the moonlight is the*

*love of a mother.*

*Human life is a*

*journey from 'I'*

*to 'We'. In this short journey,*

*you have to detach yourself from the body and*

*develop attachment towards the 'Self'. For this,*

*mother's grace is very essential. ~Thought for the Day*

6.05.10

## EARNING HIS GRACE

We were travelling to school and my younger brother was feeling really sick. I felt worried and cried out to my Divine Mother, 'Swami please guide me and tell me what to do'. I took my brother to the toilets where he was sick and then took him home. My brother told me that there was a person watching him whilst he was sick and then when he looked for him he was gone. I felt Swami had come in this form to watch over us. I believe that if I help my physical mother my Divine Mother will help me wherever I am.

## LOVING THE PHYSICAL SAI MA, LOVING MY MOTHER

♥ I talk to my mum regularly and keep her involved in what I am doing because she is so far away physically. I call to let her know how I am getting on with life and that I am managing well by myself. I know she wants to feel that her children are taking control of any situation that they find themselves in, wherever they may be. So, I tell her about the decisions I make and why I made them and that makes her happy.

♥ Sometimes I see my mother working hard and I get angry, out of my concern for her. I try to reduce my mother's workload as much as possible. The weekends are my time to do the housework. The only thing I do not know how to do yet is cook so instead, I prepare the food for cooking. It would be good if I spent more time with my mum and showed a bit more affection because she is always asking about me.

*'I try and show my mum I love her by involving her in my life.'*

♥ Although it is quite hard to fit everything in, I still try to help and support my mum.

♥ When I was living at home, even though I was going to all the Sai activities, sometimes I would not be speaking properly to my parents. When I moved overseas, it made me realise so many things, especially, what my parents mean to me. I found it easier to tell my parents that I love them because they were not physically present and I missed them. Now when I go back home I try to show my parents how much I love them. I feel it is important to do this. When I am overseas, I try to speak to my mum at least once a week. When I returned home this summer my mum was ill and bedridden. I did all the cooking and the housework for her each day. I got her to write 'Om Sai Ram' and played bhajans before she slept. I tried to be a good child and put a smile on her face. I try to cherish the moments that I have to spend with my mum.

♥ My mother told me that once she got married she did not have much time to spend with her parents. I do not want to miss the opportunity to spend time with my parents. So, I try to spend as much time with my mum as I can.