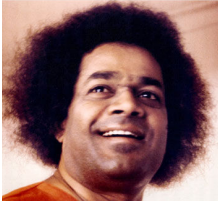




ALL WORK IS MY WORK- BABA

♥ Even when we forget to think about Swami he always brings us back through small things. ♥



“Work done with no concern or desire for the profit there from, purely out of love or from a sense of duty, is Yoga. Such yoga destroys the animal nature of man and transforms him into a divine being. Serve others, visualising them as kindred Atmas. That will help one to progress; it will save one from sliding down from the spiritual stage attained.”

- Vidya Vahini, Ch. 8



♥ Trying to connect to Swami in many different ways is really important because without the connection we wouldn't know what surrender is. ♥

A sub-group will continue meeting through the summer - Next meeting Friday 30th Dec, 8pm, same place!

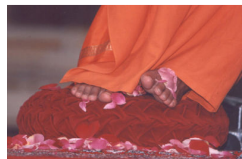
♥ *“You are part of God (the Land). That is where the soul is and you have to link back up with that. I don't think we have peace unless we can do that. Unless you can take people home”* ♥

Aboriginal elder's saying found by Brisbane L@W member at a Melbourne museum

L@W Lessons...

♥ Swami taught me a lesson that I should not react when my expectations are not met. I realized from this that it was only between me and Swami and not about other people. But feeling this lesson from inside was a big learning step for me. ♥

♥ With the service project Swami started, I started to think about other people who were involved and started to get attached to the results. Now I have wound back the whole thing and I think it doesn't matter to me how many people do it, it is just a lovely connection to God. ♥



“I am waiting for nothing else but your surrender to Me. I can do many things when the person turns to Me saying, ‘You think of it.’ I always think of you, but I can only help you completely when you rely fully on Me.”

- SS Newsletter, USA Winter 2001-02, p13

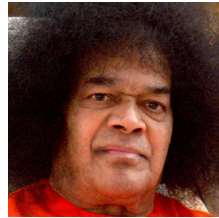
L@W Serves...

♥ I was invited to a service project which involved feeding homeless people in the city. We had a BBQ in the park and whenever I was taking scoops of tea and sugar I would say “Sai Ram” and spoke to them thinking it was Swami I was talking to. ♥

♥ I met a homeless guy called Eco (because he recycles stuff!) and he spoke about spirituality and being connected with your spiritual self. He quoted Mahatma Gandhi to me: “We all must live simply so that others may simply live.” ♥

Swami responds to a L@W call...

♥ About mid week I had a chat with the leadership course coordinator. My objective was to rationalize our group's efforts and to recruit a team member. I said to Swami that I don't feel I am being challenged; I have achieved everything in this role & was ready to move on. When I went in to meet the coordinator, I was really thinking of my conversation with Swami. When I told him he said, “I am so happy that you are telling me this”. I felt like a burden had been lifted as it really had been gnawing at my mind for a long time. ♥



“Whatever your official duties, whatever your profession or occupation, if you discharge your duties properly and efficiently, that is also social service. The right attitude for officials in authority towards service should be to ask themselves whether the services they render are commensurate with the salaries they receive.”

- SSS 21-31



♥ When I realize that to be happy, all I have to do is think about Swami ... then all my problems go away and it starts to get better. ♥

L@W - More Loving Answers...

Q: I have been very busy throughout last week and this week wasn't as very busy as what I am used to. I felt that I didn't get as much of the work done as I usually do. I have to take advantage of slower periods in normal situations; I don't get to look at other areas of my work. ♥

A: Don't you think that if L@W can increase your productivity, it can do other things? Maybe when you were working you could have different things like Sai breaks and putting love into e-mails so that you have the L@W moments in there. ♥

Q: I would totally love to surrender to Swami and not worry but my mind is not letting me do that. I am trying to let go as much as possible and let Swami take me in His arms. Swami is giving me more strength through L@W meetings. ♥

A: At any minute of the 24 hour day, you have the ability to surrender to Swami. It doesn't mean that you say “I don't need anything from the world” because that would be fooling yourself. But you can hand over that moment when you are feeling frustrated, to Swami. You have that beautiful chance. No matter how frustrated you get; it's still not going to affect the outcome. ♥

♥ *“Every time I touch a patient's hand I think of how it feels to touch Swami's hand”* ♥

L@W Transforms...

♥ A patient and his wife walked in firing off at me for having been messed around by the system. Here I thought I could sit down and explain the system while they were angry or I could just give them love. I decided to give love to the patient through his child. I began talking and playing with the child and soon the mother joined in. Gradually, we addressed their problems. When we were wrapping up, the wife insisted on buying me lunch (I refused on ethical grounds). This is the same lady who had come in firing at me! ♥

L@W Happy Moments...

♥ Last week I was carrying a lot of my emotions to work. This week I prayed to Swami and He heard me; I was so bubbly and hyper in the office this week. I love my co-workers so much that I just have to look around and I feel so happy. And when I am happy, that is Swami. I just see my boss and I think of Swami. ♥