

SWAMI YOU GUIDE ME IN LOVE

I noticed that the people around me would talk a lot about people when they weren't around. It was very easy to get pulled into the conversation. The thought arose in my mind that I should ingratiate myself to them by getting engaged in these conversations but as I was talking to myself (Swami) about it I realized that it was not right. I should act according to my inner conscience and just be loving without engaging in these conversation and not worry about what other people think. I also had a strong feeling within that I should use each minute of my day more productively, really focusing on the work at hand in between my Namasmarana, as it was very easy at work, left to my own devices to waste time. The very next day I opened the Sai Inspires and here was the message. **So beautifully he responded to every thought...**

SWAMI, HELP ME SEE GOD IN ALL

One of my colleagues just started work. I felt some ego because I was training him. I realised whilst self monitoring that this was happening because I was not seeing Swami within him. I prayed to Swami to help me do this. I really felt Swami the next day.

TAKE ONE SMALL STEP TOWARDS HIM

Every morning when I wake up, I tell Swami "Swami you are the doer. I have these tasks - please perform them through me". Essentially I detach myself from the results and focus on the work. On Tuesday, my lecturer sent me an email saying I have to finish marking the exam papers soon. I told Swami that I will do my best but He will have to take care of the result. I started marking but the software I was using stopped working. Instead of getting worked up about it I thought I will just take a break without complaining as it is as Swami wishes. After the break I chose another computer in the lab and everything worked smoothly, within 6 hours I had the papers marked. I realized that it was Swami who did this, all I did was take the small step of detachment and Swami was there giving me the energy to **complete this task in the short time frame.**

ALL WORK IS MY WORK

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Do not shape your conduct with an eye on the opinion of others. Instead, follow bravely, gladly and steadily the sweet and pleasant promptings of your own gentle and good manners. Follow your own Inner Self. Associate yourself with those who are richly endowed with Truth. Spend every second of your life usefully and well ~ Sai Inspires 5.11.09



SWAMI YOU GUIDE ME IN LOVE

Yesterday morning, during clinic, one of my bosses came to me and castigated me. He can have an impatient, curt, sarcastic way of speaking and I must have caught him at a bad time. Even though I factored in all this, I still felt a bit hurt and embarrassed. I reminded myself that that very morning I had written to Swami, in my Self reflection diary, that all I desired was Him. Then why to feel even the slightest bit affected by the thoughts of my boss? This reminder helped but the wound was fresh and still smarting a bit. A few hours later, during lunch, I opened Sai Inspires to read the message on 5 Nov. **My beloved Sai lifted my sagging heart with His Message.** I spent the rest of the day 'pumping Love' onto my boss. When I was leaving work for the day he and I were at opposite ends of a long corridor. For some reason we both stopped in our tracks. There was no one else around. It was 7pm, he gave me a big smile and a big wave. I responded.

JUST CALL HIS NAME

I went to the work canteen on site to buy my lunch and I asked for some vegetarian food. The lady at the counter was really rude to me and just gave me chips to eat. I was really upset but I didn't say anything to her, instead I started calling to Swami repeating, "Sai Ram, Sai Ram". I went again to the canteen for lunch, mentally preparing myself not to get anything proper to eat. As soon as I reached the canteen window, the very same lady came running to me smiling, she remembered my face, she said, "Put in an order for vegetarian food and I will make whatever you like" I was stunned. When I went to collect the food she gave me her contact number and told me if I came again to place an order, she will get the food ready for me. My manager who was with me could not believe it, he told me that he had been working there for the last 5 years and the canteen lady had not been nice to anyone. I knew immediately that it was Swami – all we have to do is call Him and He always responds.

"He is always there. There should be no doubt. He is always around us. It is only for us to realize that and call Him sincerely – He will respond immediately."

COMPASSIONATE MOTHER SAI

I had a task of researching a new version of the server to implement. At one point I got stuck and I didn't know how to proceed. I was really focusing on the problem but still could not solve it. I turned to Swami and asked Him to solve the problem for me. Then within the next minute I got the answer and it worked perfectly!

Giving up the little "I" is what renunciation really means. It means sublimating every thought, word and deed into an offering to God, saturating all acts with divine intent. To cultivate love is the best spiritual discipline. ~ Baba, Thought for the Day 13.11.09